Progress Loading with IMS Support

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:55		Prep for work
07:55-08:10		DPC (S-band)
08:10-08:15	FE-1	Inspection of foam applicators (labeling and stowage)
08:15-08:20		Re-connecting of UOP cable to DCP
08:20-08:50	CDR	Inspection of smoke detectors in A/L
08:50-09:25		Inspection of smoke detectors in Lab
08:55-09:25	FF 4	TV PAO with VESTI program
09:25-10:55	FE-1	Progress loading with IMS support (Preliminary)
09:25-10:05	CDR	Progress loading with IMS support (Preliminary)
10:10-12:25	CDR	Physical Exercise (TVIS + RED)
10:55-11:50		Physical Exercise (VELO + Force Loader/ cycle 1) day 4
11:50-12:10	FE-1	Photography of SM window #13
12:13-12:23	1	PMC
12:25-13:25		LUNCH
13:25- 13:30	FE-1	RASTENIYA-2. Data downlink
13:25-13:55	CDR	Inspection of smoke detectors in Node-1
13:30- 13:45	FE-1	Performance check of Laptop S/N 6075 (If the outcome is negative, return Laptop 3 to Laptop 1 work area and activate it)
13:45-15:25	FE-1	Progress loading with IMS support (Preliminary)
14:05-14:35	CDR	DOUG start up to support SSRMS ops
14:35-17:05	CDR	MSS proficiency training
15:25-16:55		Physical Exercise (TVIS) day 4
16:55-17:00	FE-1	Reboot of SSC OCA router
17:00-17:15		Reboot of all PCS (once a week)
17:05-17:15	CDR	PAO equipment set up / prep
17:15-17:25		PAO prep
17:25-17:45	1.	Educational PAO (KU + S-band)
17:45-18:15	FE-1	СОЖ maintenance
17:50-18:20	CDR	Inspection of PBA and portable fire extinguisher
18:15-18:45	FE-1	Daily plan review
18:20-18:25	000	Set up of HAM radio
18:25-18:35	CDR CDR	HAM radio session
18:35-18:45		Daily plan review
18:45-19:00		DPC (S-band)
19:00-19:15	CDR	ISS 8 / ISS 9 crew conference (S-band)
19:00-19:30	FE-1 CDR	
19:15-19:30		Report prep
19:30-20:00		Daily food prep

20:00-20:30	-	DINNER. RENAL: pill ingestion
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Equipment search
		IMS file prep

Note:

- 1. Ground testing will be conducted during Regul-Packet comm. coverage; use to restart Laptop-Packet
- 2. See OSTP for references to US activities

End of radiogram